

## Talking to Kids about Empathy

Rebecca W Wheeler



### Recommended Books & Resources

#### For children:

*Strictly No Elephants* by: Lisa Mantchev (fiction)

*The Invisible Boy* by: Trudy Ludwig (fiction)

*Charlotte's Web* by: E.B. White (fiction)

*The Hundred Dresses* by: Eleanor Estes

*I Walk With Vanessa* by: Kerascoet

#### For pre-teens:

*El Deafo* by: CeCe Bell (autobiographical graphic novel)

*Wonder* by: R.J. Palacio (fiction)

*Fish in a Tree* by: Lynda Mullaly Hunt (fiction)

*The One and Only Ivan* by: Katherine Applegate (fiction)

*Roll of Thunder, Hear my Cry* by: Mildred A Taylor (fiction)

*Ruby and Me* by: Shannon Hitchcock

#### For teens:

*The Boy in the Striped Pajamas* by: John Boyne (fiction)

*The Distance Between Us* by: Reyna Grande (memoir)

*Monster* by Walter Dean Myers (fiction)

*A Lesson Before Dying* by: Ernest J. Gaines (fiction)

*The Color of Water* by: James McBride (fiction)

*The Curious Incident in the Dog of the Night-time* by: Mark Haddon (fiction)

*The Invisible Thread* by: Y. Uchida (fiction)

#### Additional Resources:

Friendship Soup lesson: <http://www.mindsetmission.com/assets/building-relationships-video-lesson-friendship-soup.pdf>

*UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World* by: Michelle Borba

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<http://dx.doi.org/10.1037/xge0000595>

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Lambert, J. (2019, April 12). Does Empathy Have A Dark Side? Retrieved from <https://www.npr.org/sections/health-shots/2019/04/12/712682406/does-empathy-have-a-dark-side>.